

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

October 2016

DISTRIBUTED **FREE** TO HOUSEHOLDS AND BUSINESSES  
IN FELL LANE, EXLEY HEAD, KEIGHLEY, UTLEY, LONG LEE,  
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7:30pm  
Riddlesden Reformed Church  
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07582 468366

## THURSDAY

5pm or 7pm, Haworth Baptist Centre  
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## SATURDAY

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WORTH & AIRE VALLEY MAGS  
COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES

Celebrating  
10 years and  
feeling #grateful

It is hard to believe it was 2006 when Karen Davidson (now Lorrimer) and I set up the community magazine business, Worth Valley Publishing Ltd. And yet, it feels like a lifetime ago!

Karen left to concentrate on her growing family and to build a business incorporating music and movement for children. (Some of you are familiar with the popular Weenyboppers classes.)

I went on to launch the Aire Valley Magazines in September 2009 and October 2012 respectively covering 20,000 households and establishing the largest community magazine network of its kind in the area. I was joined by a very competent growing team, including Joanne Ingham, Diane Watts, Clive Sherratt, and Janet Arkwright at that time, as well as friends and family who helped man the phones and map the streets at various times.

The format and philosophy have been the same from the start: Keep it simple. Be positive. Showcase the community and its many attributes. Utilise local talent; writers, poets, photographers. Put money in the pockets of local people by paying them to distribute the magazines.

Going forward, and given the massive changes in the publishing world, including the impact of digital and online communications, Worth Valley Publishing is undergoing big changes that we hope will enhance your experience and move the magazines into a twenty first century multi

*Say you saw it in the Aire Valley Mag!*

media platform where you will be able to choose how you view the magazine and engage with more content. Come 2017, interactive and social media will play a bigger part in our activities and what we have to offer.

Ultimately, our aims remain unchanged. We want to support the local business economy, encourage growth, collaborative work, and the ongoing development of our vibrant communities in the Worth & Aire Valleys. We want to celebrate and highlight what works well in our villages and towns and get stuck in to make improvements with our partners and friends in the community. We also want to enhance the visitor's experience in the area and support tourism through our activities.

If you feel you have something to contribute, please get in touch to help us move on together. We are always interested to hear from you about what you want to see and read and we welcome submissions, suggestions, and ideas: [mail@worthvalleymag.co.uk](mailto:mail@worthvalleymag.co.uk)

We'd also like to say a big thank you to the businesses and community organisations that we have had the privilege of working with over the past ten years; the sole traders, the charities, the social enterprises, the local councillors, MPs, Lord Mayors, corporate CEO's, teachers, school children. Mostly, thank you dear reader, you have contributed to our success by valuing the magazine. We are grateful.

Let's make the next 10 years even better.

With kind regards,  
Liz Barker and the  
Worth Valley Publishing  
team.



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The Airedale Enterprise team (from left) David Humphreys, Lynne Henry, Wendy Spencer, David Gagen, Sonia Patel, & Phil Harrison.

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# BEHIND THE SCENES AT THE MUSEUM



In the next in our series of interviews with members of the Brontë Parsonage Museum team, we meet Curator Sarah Laycock.

## Tell us a little about yourself:

I have lived in Haworth most of my life and I come from a very small family. I've worked in libraries since I was sixteen and at the Museum for nine years. I spend a lot of my spare time running, but I also like to relax with a bottle of Prosecco and watch a good box-set with a take-away from the wonderful Raj Mahal on Mill Hey. I've been playing the classical guitar for 24 years and still have lessons.

## Tell us about a typical day:

Everyone must say it but honestly, there is no typical day here. I've just got back from setting up an exhibition in New York at the Morgan Library and Museum, and I've been heavily involved with Charlotte's bicentenary, going to and from London throughout 2016 due to loans out to other institutions, acting as courier and setting up the displays. I spend the bulk

of the day answering emails, research enquiries, booking film crews, organising guided tours, writing text for exhibitions and thinking about what the public might like to see on display in 2017. I start the day doing routine jobs like winding the grandfather clock and airing out the vault. Every now and then something comes up for sale (usually at auction) that we desperately want for the collection so I'm also involved in trying to get potential new acquisitions, which is very exciting but can be very disappointing. The library is open 10am-4.30pm Monday – Friday, so on a daily basis I take bookings and get objects of the collection out that will be useful to their specific area of research.

## What is your favourite item in the Museum's collection?

Being the Curator, I have unlimited access, so I know about things that are never displayed and spend their lives tucked away in a dark storeroom like Charlotte's corset. Without a doubt, my favourite object is Emily Brontë's artbox which we bought at auction in 2010 but I absolutely love Branwell's very macabre sketch called 'the Parody'-a self-portrait with a gruesome skeleton (representing death) towering over him in bed demanding a fight. That will definitely be on display next year for Branwell's bicentenary.

## And your favourite Brontë novel or quote?

When Jane Eyre says "I must keep in good health and not die."

## Anything else you'd like to tell us?

When I first started working here, I got locked inside the building at the end of the day when everyone went home and I set all the alarms off.

## October at Brontë Parsonage Museum



Brontë Parsonage  
MUSEUM

THURSDAY 20 OCTOBER

Late night Thursday: open until 8pm

MONDAY 24 – FRIDAY 28 OCTOBER

Family events for October half-term

Drop-in art workshops and hands-on history sessions. Visit [www.bronte.org.uk](http://www.bronte.org.uk) for details.

FRIDAY 28 OCTOBER, 7.30pm

Museums at Night:  
a Parsonage Unwrapped special event  
*Charlotte Brontë, the artist*



SATURDAY 29 OCTOBER, 6.30pm

Spooky storytelling at the Parsonage

This event is free of charge to visitors providing proof of residence in postcode areas BD20, BD21 and BD22.

Booking and full information at  
[www.bronte.org.uk/whats-on](http://www.bronte.org.uk/whats-on)



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# BOLTON ABBEY



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**WELLY WALK 28 MAY - 30 OCT**  
Free event, (£2.50/person for tree climb). Estate Admission fee applies.

**PUMPKIN TRAIL 22 - 30 OCT**  
A spectacular week of fun, seek out the pumpkins and witches in Strid Wood. Free event. Estate Admission fee applies.

**BONFIRE 5 NOV**  
Bonfire and firework display overlooking the Priory ruins. Tickets available online [www.boltonabbey.com](http://www.boltonabbey.com)

**FATHER CHRISTMAS IN STRID WOOD 3, 4, 10, 11, 17, 18, 19, 20, 21, 22, 23 DEC**  
Book early to avoid disappointment. Tickets available online [www.boltonabbey.com](http://www.boltonabbey.com)

**CHRISTMAS WREATH WORKSHOP 8 DEC**  
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**CHRISTMAS GARLAND WORKSHOP 14 DEC**  
Make your own Christmas garland using foliage collected from the Estate. Tickets available online [www.boltonabbey.com](http://www.boltonabbey.com)

**NEW PANTO TRAIL 17 DEC - 2 JAN 2017**  
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**NATIVITY PLAY 20 DEC (12 NOON & 2PM)**  
Outdoor nativity play in the priory ruins. Free event. Estate admission applies.

ENQUIRIES Tourism Department, Estate Office, Bolton Abbey, Skipton, North Yorkshire BD23 6EX  
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Buying firewood is good for woodlands! Well managed woodlands need to be thinned to allow light in and encourage new growth – buying firewood helps support management which is good for habitat quality, biodiversity and the landscape. Buying firewood supports local jobs and communities in the North of England – rather than economies of oil producing countries. Providing we replant trees we've cut down, which in the UK we certainly do, burning wood is sustainable. Heating with wood is cost effective – giving you a warm glow, inside and out!



**What size are the logs?**  
On average they are cut to approximately 25 cm.

**How will it be delivered?**  
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**"We will never sell you a wet log or any logs that fall below our strict quality standards."**

Anchor Logs owner Paul Barker

Here Anchor Logs answers some of the most frequently asked questions about its services:  
**Why burn hardwood?**

Dry seasoned hardwood has many great properties: It burns longer than softwood It doesn't spit so its ideal for open fires



**How long after ordering will my logs be delivered?**

We will always deliver your logs as soon as possible after you order them. The majority of deliveries happen within 3 days but during busy periods it can take us up to a week to deliver to you – we will always ring you to let you know when we will be coming.

**Does the price include delivery?**

Yes, the price you see is a delivered price.

**Do you deliver Saturdays?**

Yes, free delivery is given within a 20 miles radius of Skipton.

**Do you deliver to where I live?**

We cover the Worth Valley & much of the Aire Valley. If you pop your postcode in at the checkout page, it will tell you if we deliver to your area. ([www.anchorlogs.co.uk](http://www.anchorlogs.co.uk))

**Do I have to be home when the delivery is made?**

Not necessarily, leave instructions when you order and we will do our best to for fill your request.

**Anchor Logs**

Anchor Croft Farm, Gargrave, Skipton.  
BD23 3NB 01756 748342

# Sudoku

2	9	6				1		
			1	4	9	5		
4	1	2			8	6		
	4	1	5		6			
	8						3	
		6		3	5	2		
7		3			2		6	8
	2	9	3	6				
	6			1		9	3	

			8	9	4	3		
3	9	6	2			8	7	
2	4				9			
7	6	2				1		
	9						7	
	2			8	6	9		
		5				1	6	
9	6			4	1	7	3	
	3	2	9	7				

8	3		4	5				
			9					
6		5	1	3				
	5							1
4	9	3	2	1	8	6		
1							4	
			7	2	4	9		
				3				
	2	8	7	5				

			8			9		
		7		2		3		
4			3			5	7	
			9	8		4	2	
6				7			3	
2	9		6	3				
7	4			1			9	
		5		8		4		
	3				5			

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.

## Where in the Aire Valley? COMPETITION

Where is the red x located in the photo to the right? ?  
This month's prize is generously donated by  
**Keighley & Worth Valley Railway**

**Day Rover Pass**

Email your answer to:  
[mail@worthvalleymag.co.uk](mailto:mail@worthvalleymag.co.uk)

The winner will be selected from all correct answers received by 18th October 2016



Last month's location was The Black Bull in Sutton. The winner was Alex Barns from Utley.

photo by John Sargent

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Guardian



# Keeping the Wheels Turning



but the main effort was expended by our team of volunteers. Many of those involved take a week off work and spend their 'holiday' toiling away to get the tasks complete in time for the passing of the first train on Saturday morning, which they achieved this year (as they always do!) so the 9.08 heritage diesel train ran across the replaced track on Saturday morning as planned. It's a great demonstration of the teamwork, engineering excellence, ingenuity and project management that underpins so much of what we do week in, week out, but which so rarely gets shown so obviously.



Whilst all that was going on, others were preparing for a range of events coming up in the next few weeks. We have **the Beer & Music Festival 20-23 October**, during which you can sample from a range of over 100 beers and ciders, accompanied by a variety of music to suit all tastes. **The Autumn Steam Spectacular 7-9 October** sees a visiting locomotive joining the home fleet hauling trains working an intensive timetable that includes Express trains running and demonstration freight trains. A little further away, Santa and his Pixies will be joining us on the **Santa Specials that start running on 26 November**. Tickets for the Santa Specials are selling fast, so please book soon to avoid disappointment. Details of how to purchase tickets, and of all our events, are on the website.

**Please don't forget that as well as the events, we run trains every weekend and throughout half-term (24-28 October), with times and fares on [www.kwvr.co.uk](http://www.kwvr.co.uk)**

**It's often difficult to convey just how much effort goes on behind the scenes to keep the wheels turning, but our work at Oakworth level crossing during our 'civil week' provides a great demonstration.**

At the end of the summer seven-day-per-week running in early September, we completely close the railway for a few days to allow our civil maintenance volunteers time to undertake the infrastructure jobs that can't be done when trains are running the length of the line. This year's 'civil week' activity was focused at Oakworth, where the team dealt with a collapsed culvert under the line, but more obviously replaced the track and timbers of the level crossing.



The work has required the road to be closed to traffic for a fortnight, which was not a decision we took lightly, but the work at the level crossing was necessary and couldn't be completed without closing the road. During the work we've made extensive use of our steam-powered crane, which was a fascinating spectacle in itself, as well as some more modern machinery,

## 20th-23rd October 2016

**150 beers! Various ciders and wines.**

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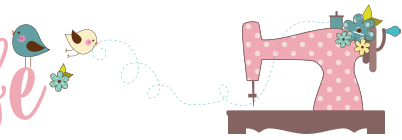
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**AIRE VALLEY MAG**  
 COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY



# sewing days cafe



Joanne Nelson has been sewing for as long as she can remember. "Over the years I've incorporated sewing in to my life in one way or another, including owning a curtain shop, making dresses for friends and family; I've always had an enterprising project on the go," Joanne confirms.

Recently, following a move back to the UK after living in France for 13 years, Joanne's latest brainwave is to set up a café in Oakworth, with the help of her husband, Geoff. The new business, called 'Sewing Days,' allows Joanne to combine her talents and engage the local community.

"The idea is to create a café space that also acts as a place to gather for sewing activities. Weekly sewing bees will meet upstairs above the café," explains Joanne. "Regardless of an interest in sewing, it will be a great place to meet for coffee and a bite to eat. The café will offer homemade soups, sandwiches, pate, panini, and tureens."

Special sewing workshops for all skill levels will be available to the public. The multi-disciplined courses will take the participants on a journey of discovery.

"We also aim to have two bees a week - on **Wednesdays and Fridays from 2:00pm to 4:30pm**. There will only be 6 places at each sewing bee so it is essential

that people book in advance." "If individuals do not want to take part in a sewing bee, they are welcome to come and sew by the hour with their own machine. Or, if they do not have a sewing machine, they can use one of the Sewing Days in house sewing machines and pay by the hour - very much like an internet café."

Save the date!  
Sewing Days Cafe  
Grand Opening Event  
November 8th  
2-8pm  
All Welcome!

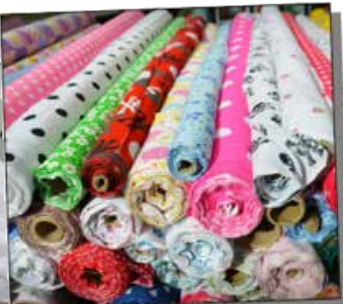
Come and take a look at the café and sewing room. Meet Joanne, Geoff, and their dog, Chester, over canapés and sparkling wine. **Sewing Days café will be open for business the following day, November 9th, and the opening hours from that date will be Wednesday to Saturday, 10am to 5pm**

Sewing Days Café is located in the heart of Oakworth, 99 Lidget, West Yorkshire BD22 7HN

**01535 531448**

joanne@sewingdays.co.uk

www.sewingdays.co.uk



## October

By Robert Frost

O hushed October morning mild,  
Thy leaves have ripened to the fall;  
Tomorrow's wind, if it be wild,  
Should waste them all.  
The crows above the forest call;  
Tomorrow they may form and go.  
O hushed October morning mild,  
Begin the hours of this day slow.  
Make the day seem to us less brief.  
Hearts not averse to being beguiled,  
Beguile us in the way you know.  
Release one leaf at break of day;  
At noon release another leaf;  
One from our trees, one far away.  
Retard the sun with gentle mist;  
Enchant the land with amethyst.  
Slow, slow!  
For the grapes' sake, if they were all,  
Whose leaves already are burnt with frost,  
Whose clustered fruit must else be lost—  
For the grapes' sake along the wall.



cover photo by John Sargent

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Juicing is a great way to rejuvenate your health and awaken your senses. Over the next months we will be bringing you a juice recipe and sharing ideas about how to make the most of your fruits and vegetables with your juicer.

Tumeric root can be found locally at Shan's Supermarket in Keighley and Haworth Wholefoods. It is ok to use the dried tumeric as well.



Haworth Wholefood's Organic Juicing box

## Tumeric Awakening

### Ingredients

- Apples - 2 medium (3" dia) 364g
- Carrots - 3 medium 183g
- Celery - 3 stalk, (11"-12" long) 192g
- Ginger Root - 1 thumb (1" dia) 24g
- 1 medium Lemon (peeled) 80g
- Pears - 2 medium 356g (Or 1/2 ripe mango)
- Turmeric Root - 3 thumb size (1" dia) 144g or 1 tsp dried.

### Directions

Follow the instructions of your juicer. All ingredients will yield around 32oz or 4 servings. Shake or stir and serve immediately to benefit from all the nutrients.

If you have a blender and you would prefer more pulp and fibre, you can peel and then blend the ingredients instead of juicing. But the result will be much thicker and you may need a spoon to eat it! We do a combination of the two. In this case juice the carrots, celery, apples, and ginger root, and then blend the remainder of the ingredients.

Experiment and see what works best for you. **Enjoy!**

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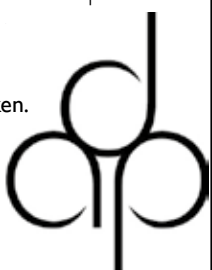
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and cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at [www.facebook.com/foragercathyorkshire](http://www.facebook.com/foragercathyorkshire)

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### Ingredients:

1 Tablespoon oil, 1 Large Onion sliced finely, 3 Cloves of garlic chopped finely, 50g Rice or a handful of dry pasta, 1 Litre Chicken stock (minimum), Cooked chicken taken off the stock carcass chopped small if need be, 2 Celery stalks and leaves sliced small, 1 Carrot peeled and sliced finely, 1 Red, orange or yellow pepper diced small, 2-4 Tomatoes cut into about 8 chunks, 2-4 Spring onions sliced finely, 1 Lemon Squeezed, 1-3 Tablespoons fresh parsley cut fine.

### Instructions:

Use a thick based pan which has a lid, heat the pan on medium heat and add the oil, onion and garlic. Put on the lid and cook gently until the onion is soft. Add the rice or pasta and the stock. Bring to the boil and gently simmer until the rice or pasta is still uncooked but is getting nearly cooked. Then start adding the vegetable ingredients, adding the ones that will take longest to cook first e.g. start with the carrots. Slowly add all the vegetables leaving the herbs and spring onions to add at the last minute. Add the bits of chicken at the end also. When the rice or pasta is cooked taste the soup and vegetables. Then add the herbs, spring onions and chicken, and last of all about 2 tablespoons of lemon juice. Taste, add more lemon juice, salt and pepper if it is needed. Serve straight away.

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**Dementia Friendly Keighley seated exercise classes** are every Monday 11.15am -12pm at Central Hall, Keighley, BD21 3JD More info call Maggie 07971 527525 or email info@dementiafriendlykeighley.org.uk. **Every Monday at 4pm** (except bank holidays) **Seasonal Walks** - go walking with KHL. Short hour long walks around Devonshire Park, Cliffe Castle Park, River Worth & Parkwood. Starting from KHL, 13 Scott Street, Keighley, BD21 2JH (behind the library) More info call 01535 677177.

**Games Morning At Keighley Healthy Living, 13 Scott Street Keighley. Every Thursday -10am until 12pm.** Socialise over a cuppa, come and play some cards, dominoes & board games. Relax with a newspaper. Find out about local groups & clubs. Please call 01535 677177 for more details.

**Coffee Stop Every Friday 10.30am - noon at Trinity Church, Fell Lane, Keighley,** Serving Fairtrade coffee & tea. Call in for a friendly chat.

**Church Green 50+ Ruggers meet in the Shared Church Hall (between Church Green & Morrisons in Keighley) on the first Wednesday in every month, 10.00-12.00hrs. £2 per session.** Refreshments available in Age UK cafe next door. Phone Amy or Michael on 01535 669605 or email amy@oaktex.co.uk

**Sun 9th Oct Keighley 7mm Festival 10am - 4.30pm Keighley Model Railway Club, Keighley Business Centre, Knowle Mills, South Street, Keighley, BD21 1SY.** Adults £4 Children £2.50. www.keighley-mrc.org.uk



**Mon 10th until Sat 15th Oct Pack of Lies at Keighley Playhouse.** The Jacksons are a nice middle aged English couple. Their best friends are their Canadian neighbours, the Krogers. All is blissful in their world until a detective from Scotland Yard asks to use their house as an observation station to try and foil a Soviet spy ring operating in the area. The Jacksons become more and more put out as Scotland Yard's demands on them increase. They are really put to the test when the detective reveals that the spies are the Krogers and he asks them to help set a trap. Box Office 07599 890769

**Tues 11th Oct 7.30pm Airedale Writer's Circle** New members welcome. Sight Airedale, Scott Street, Keighley. Fri 14th Oct 8pm to midnight Cedilah at Central Hall, Alice Street, Keighley. For tickets call Julie 01535 612500. **Fri 14th - Sun 16th Oct Oktoberfest,** Street Market, Beer Tent, Craft Stalls at Keighley town centre. see page 6. **Sun 16th Bingley 10am - 4pm Canal Festival Bingley** will really come to life with an indoor market in The Arts Centre, and an outdoor market in Market Square. Local businesses will be open for refreshments. There will be entertainment at various points across the town. The canal towpaths will have stalls and entertainment throughout the day. www.llcs.org.uk

**Sun 16th Oct Train rides** for all the family. Miniature trains running at Marley sports field approx. 1.30pm until approx 5pm. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Tickets on sale for Bonfire night which must be bought in advance. Details at www.kdmes.org.uk/trains.htm

**Weds 19th & 26th Oct 12.15pm until 1pm Lunch Time Tree Walk** with Friends of Devonshire Park. Meet at park main gates - Spring Gardens Lane

**Thus 20th - Sun 23rd Oct Beer & Music Festival on the KWVR** 150 beers and various cider

Sat 22nd Oct 10am to 4pm Keighley Library showing of "Battle of the Somme" film.

**Sat 22nd until Sun 30th Oct Pumpkin Trail at Bolton Abbey.** A spectacular week of fun, seek out the pumpkins and witches in Strid Wood.

**Sat 22nd, 29th & Sun 23rd, 30th Oct 1-2 pm East Riddlesden Hall - Creepy Halloween** spooky stories in a dimly lit room, listen to the creaks and groans of this 400 year old haunted house. Find out what revolting remedies like spiders webs and woodlice were used for. You can also let your creative imagination run wild and write your very own spells to cast, then finish off by making a witch or wizards hat for you to fly off around the

garden and follow our pumpkin trail in. **Fri 28th Oct Festival of Light Event Rail story at Ingrow.** Strem Train to Ingrow from all KWVR stations.

Sat 29th Oct Exley Head Ladies Circle is holding a **Table Top Sale** at the Chapel from 10am to 12 noon. All tables are £7 to rent please ring Glenis on 01535640346. There will be jewellery, brick-a-brac, clothes, white elephants, toys, books and much more. Refreshment available. Everyone welcome to come and have a browse.

**Sat 29th Oct from 10am Creepy Keighley** Keighley Town Centre is being taken over for Halloween all day. With a ghost ship, and some special spooky visitors... come along for this free event.

**Sat 29th & Sun 30th Oct Halloween Special on the KWVR.**

**Sat 29th & Sun 30th Halloween Weekend in Haworth** inc Dragon Parade on the Sat & Parade of Gouls on the Sun.

**Sat 29th Oct 6.30pm Spooky storytelling at the Bronte Parsonage.** FREE of charge with proof of postcode in areas BD20, BD21 & BD22.

**Sat 29th Oct Halloween Party** (adults only) at Central Hall, Alice Street, Keighley. Contact Julie 01535 612500 for tickets.

**Mon 31st Oct 5 - 7pm Childrens Halloween Disco** at Central Hall, Alice Street, Keighley. Call Julie 01535 612500 for tickets.

**Sat 5th Nov Bonfire Night at the 3 Acres,** Crossroads, Keighley. Tickets only. Call 01535 644895.

**Mon 7th Nov 2pm - 3.30pm Meeting Point at Trinity Church,** Fell Lane, Keighley. Film Afternoon with Jean & Roy Vickers.



## National awards for local radio station



Local radio broadcaster **Drystone 103.5 FM** has received Gold and Silver awards at the nation's first ever Community Radio Awards.

The station received the highest accolade for the best Sound and Marketing category and volunteer P J Hitchcock was honoured with a Silver award for Young Presenter of the Year.

The young DJ and budding broadcaster is 17 years old and from Burnley. He hosts a one hour Friday evening show at 7pm that features local news stories and plays a range of music to kick off the weekend.

Community radio stations from across the country gathered at the inaugural glittering ceremony in Birmingham, which celebrated the commitment and service which not-for-profit radio stations provide in their local areas.

Drystone FM was crowned the best in the country for the Sound and Marketing category with judges recognising the local station is very representative of the semi-

rural area and the people in it.

Founder and Drystone Station Manager David Adams said "We are delighted Drystone 103.5 FM has won 2 prestigious awards at the UK's first ever Community Radio Awards. Our volunteers make this a great station and it is really fantastic their commitment is recognised. We actively encourage involvement from a wide range of local people of all ages and interests, and believe it is a great media channel to bring our community together".

The station studio is based in Cowling where it broadcasts to an audience of over 60,000 local listeners from South Craven and the Yorkshire Dales. Its schedule provides regular weekday programming including Breakfast, Mid-day and Drivetime shows, with more specialist shows during the evenings and at weekends.

A number of volunteers from the station have gone on to enjoy a rewarding professional career in the media, including broadcasting at the BBC and other media outlets. Former Drystone sports presenter, Dan Ellison Bates graduated this year with a First Class Honours degree in Broadcast Journalism inspired and encouraged by the Drystone FM team. Others who volunteer simply enjoy giving something back to their community in their spare time and find their involvement with local radio very rewarding.

Are you interested in community radio? A local group is setting up a Worth Valley radio station with the support of David Admans and Drystone. Contact Liz Barker for more details. [Liz@worthvalleymag.co.uk](mailto:Liz@worthvalleymag.co.uk) 01535 642227.

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A lack of advice and guidance at crucial stages of divorce can have serious consequences; below I provide some tips on how to pick the right solicitor for you:

1. Specialist divorce solicitor regularly specialises in a specific area and therefore you should look for a Family Law Solicitor
2. Recommendations Try talking to friends and family who have been through a similar experience and are able to recommend a particular solicitor.
3. Resolution is an Association of Family Solicitors committed to the constructive resolution of family disputes. All Resolution members follow a Code of Practice that promotes a non-confrontational approach to family problems.
4. Accreditations Law Society or Resolution accredited solicitors have achieved special recognition for their expertise in their particular areas of Law and again are an

indicator of the solicitor's capabilities.

5. A good divorce solicitor will usually charge a fixed fee for an initial consultation and at Walker Foster we charge £50 plus VAT. You will be able to get much more from your first interview with your solicitor if you are prepared with questions. The initial interview is your opportunity to gauge whether you will be happy to instruct that solicitor to act for you. Regularly, it may be helpful to attend with a friend or family member as support.
6. Expectations. A good solicitor will ask you about your expectations. You can be frank and honest with your solicitor and it gives them a better understanding of how best to approach matters. You will discuss with the solicitor the result you are seeking and how you wish to approach each decision in the divorce process. Establishing the best form of communication for you both is key.
7. Staying calm and going through a divorce is a stressful experience and the emotions involved can allow for poor decisions to be made. A good solicitor will have a sympathetic ear but they are a costly way of getting emotional support; they will propose you seek counselling or support from friends to ensure your costs remain reasonable. You are looking for someone you can trust to look after your interests and give objective advice.

**I do hope these tips will help you find the best adviser for you. It is a stressful and overwhelming process for many and for that reason, it is important you seek the best possible advice which begins with the right adviser.**

**Miss Sarah Buxton  
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6	3	7	8	1	4	9	5	2	3	1	9	6	2	4	5	8	7
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6	9	5	1	3	7	2	8	4	4	8	2	3	9	6	5	1	7
2	5	6	8	9	4	3	7	1	5	7	3	9	1	8	6	4	2
4	7	9	3	2	1	8	5	6	6	4	1	5	7	2	9	8	3
1	3	8	7	6	5	9	4	2	2	9	8	6	4	3	1	7	5
5	8	1	6	7	2	4	3	9	7	6	4	2	3	1	8	5	9
9	4	7	5	1	3	6	2	8	8	3	9	4	6	5	7	2	1
3	6	2	4	8	9	7	1	5	3	8	9	4	6	5	7	2	1

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Worth & Aire Valley Magazines

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Chris (Bristles Chimney Sweep Service)

I have advertised with the Aire Valley Mag now for a number of years to which I have had a fantastic response, I feel that the magazine is an honest publication that local people have learnt to know and trust. I know from the feedback that I have received from my customers that this little book is not only an interesting read but also provides a solid base for local business to promote their services. I can only thank Joanne and the team for consistently providing a quality publication that is well presented, has great distribution and is favoured above other such magazines that we receive through our letter boxes. May all your great work continue!

Steve Edwards, Managing Director,  
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